

HYDROGEN WATER DURING PREGNANCY – IS IT SAFE?

KYK Hydrogen Water | 1,500 PPB of DH | KYK Co., Ltd. (South Korea)

While hydrogen water is likely a part of your diet, becoming pregnant means it's time to reevaluate what you're ingesting. You're no longer solely looking after your life. Instead, you're caring for another. With this in mind, you're wondering what side effects hydrogen water brings to a pregnancy.



HYDROGEN WATER HELPS WITH PLACENTAL STRESS.

Dehydration plays such a pivotal role in intrauterine abnormalities that can result in fetal growth retardation, it's easy to see that this is something that's best avoided. Dehydration also raises the risk of various adult diseases that occur later on in life.

The researchers analyzed how hydrogen-rich water supplementation impacts placental angiotensin II type 1 receptor and placental oxidative stress induced by water restriction. It was found that maternal water restriction lessened urine volume and boosted serum osmotic pressure. It also decreased fetus weight and crown-rump length. Following the oral administration of hydrogen-rich water to the mothers, the placental efficiency increased. Also, the serological derivatives of reactive

oxygen metabolites dropped, the placental microstructure improved, the expression of several other important factors in placental health improved. All in all, various studies found that with hydrogen-rich water administration, placental stress caused by water restriction was diminished.

Looking at the hydrogen water side effects that molecular hydrogen can have on pregnancy results in an understanding that hydrogen water is safe for consumption while pregnant.

Call Now: 1800-102-0908

Website: www.kykindia.com