

# Effect of Hydrogen Water on Rheumatoid Arthritis

KYK Hydrogen Water | 1,500 PPB of DH | KYK Co., Ltd. (South Korea)



## -What happens in RA?

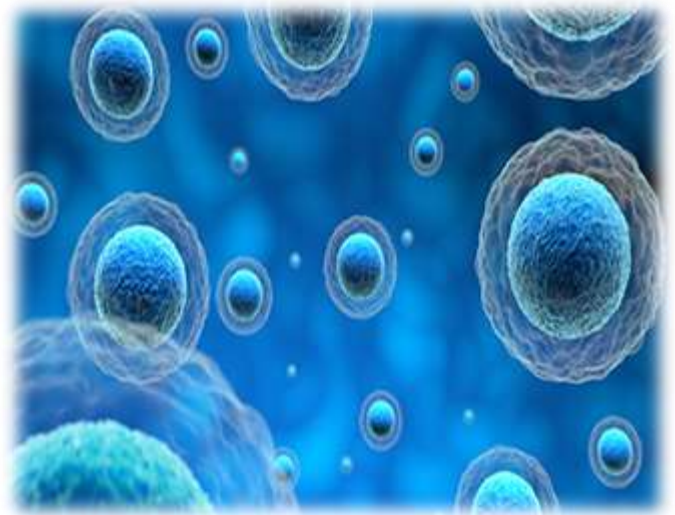
There is no cure for rheumatoid arthritis. However, along with traditional medicine, molecular hydrogen has shown great potential in relieving symptoms of rheumatoid arthritis.

Pain and inflammation — they're two things that can wreak havoc on your daily life. Furthermore, conditions like rheumatoid arthritis can negatively affect your health. Although not life-threatening, rheumatoid arthritis can make the day-to-day a literal pain.

Rheumatoid arthritis is a chronic inflammatory disease that leads to pain and swelling, mainly in the joints. Other symptoms may include tiredness, loss of appetite and low-grade fever.

## -Why Hydrogen?

Molecular Hydrogen is a powerful antioxidant. People with RA have oxidation stress, caused by free radicals, which are unstable molecules. This is because they only contain one electron. As electrons need to be in pairs, free radicals often steal electrons from other cells. This action causes oxidation stress, and



cells can get damaged or even die. This often leads to pain and inflammation.

Since Molecular Hydrogen ( $H_2$ ) contains two hydrogen atoms, it is able to donate one to free radicals most likely due to its hydroxyl radical neutralizing power. Free radicals are oxygen-containing molecules. Thus, when molecular hydrogen donates a hydrogen atom, the formula for water ( $H_2O$ ) is complete. Thus, molecular hydrogen neutralizes free radicals by turning them into healthy water.



Additional investigations of the benefits of molecular hydrogen for RA patients is needed to be done, as molecular hydrogen therapy has tremendous potential, but is currently under-utilized and its benefits are not thoroughly explored.

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