

HOW CAN HYDROGEN WATER HELP IN WEIGHT LOSS?

KYK HYDROGEN WATER | 1,500 PPB OF DH | KYK Co. LTD. (SOUTH KOREA)



- Why we gain weight?

Weight gain can result from an increase in body fluid, muscle mass, or fat. An increase in body fluid can come from medications, fluid and salt retention, intravenous fluid infusion, kidney or heart failure. An increase in muscle mass is commonly seen with exercising. An increase in body fat is commonly seen as a result of diet or lack of exercise as the body

converts muscle to fat. An excessive weight gain is referred to as obesity.

- Why Hydrogen Water?

Hydrogen water has therapeutic benefits. It is known to have anti-inflammatory, antioxidant, and anti-allergic properties that help in recovering health issues like obesity, stress and diabetes.

According to health experts, drinking hydrogen water on a regular basis helps control fat and body weight. In the longer run, it also controls plasma glucose and insulin levels. It has been proved that the daily consumption of hydrogen water can lower the risk of obesity and metabolic syndrome in all the age groups.

Hydrogen enriched water helps you lose weight in many ways. First of all, H₂ is a super antioxidant. As you drink H₂ on a regular daily basis, because molecular hydrogen is the smallest molecule of all, it can diffuse into all parts of our body and organs neutralizing Free Radicals and removing toxins on a cellular level. In other words, your body is being cleansed of junk stored in cells. This includes fat cells which is easy way for your body to move these toxins away from your vital organs. H₂ not only neutralizes Hydroxyl Radicals but turns them into water hydrating the body while it's being cleansed.

Another way hydrogen water helps you lose weight is because molecular hydrogen stimulates metabolism. Studies show H₂ stimulated cell metabolism by cell-signaling stimulating the production of Adenosine Triphosphate (ATP) the power house of our cells.

Call Now: 1800-102-0908

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